



Bruce Lacroix, Certified Instructor

Pickleball: weird name, fun game. Easy to learn, easy to get better at.

WestArm Pickleball ADULT CLINICS (BALFOUR courts)

BEGINNERS: Have never played or maybe only a few times. We start with very basics: paddle grip, positions, paddle and ball control, easy back and forth hitting drills, working as a 2 person team, basic serving and returning, how to score, and playing a real game. Participants will have the basics of how to play pickleball. Includes handouts.

2 Sessions of 1.5 hour each.

DATES: Tuesday, May 28 and Thursday, May 30, 5:30 – 7:00

Package cost for both sessions (includes use of paddles):

BRC members: \$60

Non-members: \$70 + \$10 PB Canada membership

INTERMEDIATES

SESSION 1: 1.5 hours

Drills in: consistent serves; good returns; No-Volley Zone play including dinking; doubles strategy. Game play.

BRC members: \$40

Non-members: \$50 + \$10 PB Canada membership

Saturday, June 01 from 1:00 – 2:30

SESSION 2: 1.5 hours

Drills in: consistent backhands; volleys; lobs; using various spins on serves and groundstrokes. More advanced doubles strategy. Game play.

NB: Must have taken Session 1 prior to Session 2.

BRC members: \$40

Non-members: \$50

For more information, or to register, contact Bruce at brucejlacroix@gmail.com